

GAINING GROUND COOKBOOK RECIPE COLLECTION FORM

Thank you for using this recipe form, which will help ensure your recipe is entered correctly

Recipe Title

Submitted By (your name will be included in the cookbook, unless you ask us to leave it off)

Season (*Spring, Summer, Fall, Winter or All Seasons*) / **Category** (appetizer, sauce, main course, etc)

INGREDIENTS: Use abbreviations: pt. qt. pkg. env. c. tsp. T. oz. lb. gal. doz. sm. med. lg.

DIRECTIONS:

INSTRUCTIONS

- **TYPE OR PRINT CLEARLY IN INK, AND PLACE ONLY ONE RECIPE PER FORM.**
- If more room is needed, use another sheet of the same size and staple together.
- List all ingredients in order of use in ingredients list and directions.
- Include container sizes, e.g., 16-oz. pkg., 24-oz. can.
- Keep directions in paragraph form - not in steps.
- Use names of ingredients in the directions, e.g., "Combine flour and sugar." DO NOT use statements like, "Combine first three ingredients."
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- Be consistent with the spelling of your name for each recipe you contribute.

Please submit recipes to: cookbook@gainingground.org

Or mail to:

Gaining Ground, P.O. Box 374, Concord, MA 01742, Attn: cookbook

Additional forms may be found at: www.gainingground.org