

what's up!



IN THIS ISSUE

- 🌱 Growing Our Impact
- 🌱 Rooted in Change
- 🌱 Where Are They Now?



Sowing Seeds of Accessibility

🌱 Jennifer Johnson, Executive Director

Over the years, I've heard numerous Gaining Ground visitors describe the joy, happiness, and wonder they experience during their trips to the farm. This special place can be a sanctuary, a source of inspiration, and a balm for our frenetic and screen-heavy lives. Sharing the farm with visitors—particularly volunteers—is a central part of our work.

Equity is a core value at Gaining Ground, and while our primary commitment is to fresh food access, we also recognize that inequitable access to green spaces and farmland has a serious effect on the people we serve. That's why our Board of Directors and staff devote numerous discussions and planning sessions to increasing inclusion and accessibility, especially among folks who receive our produce, or who are involved with one of our food security partners. Our current strategic plan includes a focus on overcoming transportation barriers so people of all backgrounds, zip codes, and

Our current strategic plan includes a focus on overcoming transportation barriers so people of all backgrounds, zip codes, and income levels may spend meaningful time on this Concord land that we steward sustainably for hunger relief.

income levels may spend meaningful time on this Concord land that we steward sustainably for hunger relief.

In 2023 we had a record number of partner groups visit the farm. Thanks to generous grant support, we were even able to provide round-trip bus service in cases where transportation was an issue. A team from La Colaborativa in Chelsea spent an early summer afternoon with us. Many in the group were farmers from Central and South America, and enjoyed sharing their field techniques with our team. Youth from East Boston and Lowell worked and

learned with us as they participated in growing the food that would ultimately reach their communities after harvest. Clients from Women's Lunch Place in Boston toured the farm and enjoyed a picnic lunch with our farmers.

We are committed to making Gaining Ground an inclusive and accessible place and look forward to welcoming even more people to the farm in 2024. This spring, we will pilot a new program to provide Uber codes for visitors, volunteers, and partners from urban areas who don't have access to cars. We can't wait to welcome our new visitors! 🌱


▲ Staff and clients from East Boston Community Soup Kitchen on a volunteer visit to the farm. Photo: Gaining Ground

gainingground.org

our mission

Gaining Ground provides free, sustainably-grown produce to people experiencing food insecurity. We do this work with the helping hands of a diverse community of volunteers who work and learn with us on the farm.

Growing our Impact, Healing the Land

 Mark Congdon, Director of Agriculture

Happy Spring! It's the most wonderful time to celebrate all the tremendous work that's been happening at Gaining Ground these past 30 years! Our mission to grow nutritious food in support of hunger relief is both admirable and humbling. As the new Director of Agriculture, I am honored to join these efforts with our passionate directors, farmers, board members, and essential office staff, who come together as one Gaining Ground team, supported by a thriving community, to carry out this pursuit.

In 2024, our work will grow in exciting new ways as we advance our milestone expansion project at Minute Man National Historical Park, increasing our production capacity! We have proposed to transform and enhance these once conventionally-managed fields using the no-till, organic farming practices we also employ at Virginia Road. Expansion will allow us to deepen our impact by growing and donating larger quantities of nutrient-dense crops, while offering even more volunteer and learning opportunities in farming and food justice.

Last year was our first season in Minute Man, and we began by covering the land with a substantial mix of cover crops to build higher microbial life populations, increasing soil structure and fertility.

This year, we've mapped out all six acres of cultivated land configuring over 20 plots, most of which are filled with congruent bed sizes (18 2.5' x 80' beds) to match our growing

In 2024, our work will grow... as we advance our milestone expansion project at Minute Man National Historical Park. We have proposed to transform and enhance these once conventionally-managed fields using the no-till, organic farming practices we employ at Virginia Road. Expansion will allow us to deepen our impact...

system on Virginia Road. This will streamline crop planning, labor management, and tool implementation across both parcels of land. We'll bring land into cultivation at a methodical pace over the next five years until we are growing food in all 20 plots. In 2024, we have selected four of these plots to begin our annual crop production, with a combined projected harvest upwards of 10,000 pounds including the planned successions of paste tomatoes, dry storage beans, winter squash, and fresh herbs.

Over time we'll incrementally add many perennial crops, including 270 high bush blueberry plants, more than 2,000 raspberry plants, 4,000 bed feet of asparagus, 24 peach trees, multiple beds of perennial herbs, and a dozen hedgerows filled with native flowers to attract pollinators and beneficial insects.

Our incredibly generous donors have made it possible for us to embark on this exciting project. Because of their contributions, we're

able to purchase the necessary equipment and materials to execute our plan—everything from a new tractor, irrigation supplies, and deer fencing, to compost amendments, seeds, and more!

I am beyond grateful to be tasked with spearheading this vast expansion project, and therefore Gaining Ground's community offerings. More so, I'm overjoyed to work steadfastly toward these goals alongside such outstanding leadership from our talented team and with our incredible community. Our collective energizing strength will address and bring greater awareness to the need for equity in our food systems, and the vital role of sustainable farming practices for climate resilience. Together, we're building a society that shares each of our individual gifts with purpose, love, and care for one another. I'm happy we get to learn and grow together—and we have much to do! See you on the farm. 🌱



Mark Congdon, Gaining Ground's first ever Director of Agriculture.



ROOTED IN CHANGE:

Seasonal Transitions and Sustainable Solutions

Kari Bender and Chrissie Edgeworth, Farm Co-Managers

The season is kicking into gear, and at the farm on Virginia Road our team is busy with all of the tasks that mark the coming of spring.

We farmers kept busy through winter harvesting from high tunnels, repairing tools, crop planning, building out farm infrastructure, and much more. Now we're thrilled to welcome back our seasonal crew as we shift our focus toward spring and summer crops. We are incredibly lucky to have three talented seasonal farmers from 2023 return with the know-how that will enable us to start the season off as a well-oiled machine—and the passion to keep us growing and improving in our systems and practices. We'll also welcome two new crew members who are ready to dive into the work and share their diverse experiences and skill sets.

We're not only looking forward to trialing new crops such as ginger, turmeric, and bunching broccoli, but also to challenging ourselves to improve the efficiency of our systems, deepen our connection to the land, and advance our vision of an equitable food system. This includes helping our thousands of volunteers remain active in systems transformation after they leave the farm.

We also plan to explore practices like kelp foliar sprays and brewing our own compost teas to improve the health and nutrition of our crops. For example, we'd love to grow larger beets! Through our winter research we learned that foliar sprays may help us achieve this outcome by increasing micronutrient uptake and photosynthetic efficiency. With organic mulches and

cover crops already abundant in our system, we'll continue building soil fertility and feeding the microbes.

We'll also trial trellised pole beans this year in hopes of avoiding the difficulties of bush bean harvests, by creating a more ergonomic and efficient system for all involved. Visitors to the farm may also notice a slight shift in the visual landscape, as half our low tunnels will move to our farthest field (affectionately known as Alaska) to break up pest cycles on crops like eggplant, peppers, and cucumbers by creating more physical distance between crop rotations.

Beyond the fields, the farm team will think critically about our role as educators and advocates for a healthy, just, and sustainable food system. As an organization that helps bring



Winter is when farmers plan carefully for the spring.

food system. So as we plant our beds of lettuce, harvest our tomatoes, and water our greenhouse, we will also research and share information on the farm bill, other local farms, and how to interrogate and leverage our own roles, privilege, and power to spark change in the food system.

... as we plant our beds of lettuce, harvest our tomatoes, and water our greenhouse, we will also research and share information on the farm bill, other local farms, and how to interrogate and leverage our own roles, privilege, and power to spark change in the food system.

food to the plates of folks disadvantaged by an unjust food system, we are acutely aware that the solution to entrenched failures of our existing system is much larger than Gaining Ground. As citizens looking toward a future where we are all nourished, we all share the responsibility of creating an equitable

We look forward to seeing you in the fields this year, getting our hands dirty together, and continuing to strive toward a future where everyone has equitable access to healthy, sustainably grown produce. Let's grow our veggies together while cultivating the seeds of change that we want to see in the world! 🌱



▲ Left page, background: More than five acres of land in Minute Man National Historical Park that we'll farm for hunger relief, affectionately called Oz. Left page, left to right: Farm Co-Manager Kari Bender prepares seedling trays in the greenhouse; Farm Co-Manager Chrissie Edgeworth and Assistant Grower and Education Coordinator Maddie Weikel move compost. Above, left: Volunteers tend to winter carrots and spinach growing in protective hoop houses. Photos: Tony Rinaldo Photography LLC; Above right: Assistant Grower Ava Lublin washes an early spring harvest of carrots. Photo: Mark Congdon

The Community Foundation for MetroWest: Give Local

 Danielle Capalbo, Communications and Development Manager

As we promote food security through local, sustainable agriculture, we also celebrate the local, sustainable philanthropy that makes our efforts possible—like generous investments from the Community Foundation for MetroWest, which launched almost 30 years ago to change lives in the region.

“Back then, there were many philanthropic efforts in Greater Boston but people seemed blissfully unaware there were also real needs here in the MetroWest,” said Caroline Murphy, vice president of programs and donor services for the foundation.

Since 1995, the foundation has provided more than \$34 million in grants to 1,000+ nonprofits—including Gaining Ground! We are immensely grateful to partner with Caroline and her team as beneficiaries of their

“It’s not just about getting food to people in need, but also bringing dignity into that process, ensuring good nutrition, addressing underlying health needs and environmental factors, and giving people options.”

Caroline Murphy, Vice President of Programs and Donor Services, the Community Foundation for MetroWest



Hunger Relief Fund. “Hunger remains pervasive, and knows no borders,” Caroline said. “People are facing food insecurity in Wellesley just the same as [in] Waltham, Framingham, and some of our more densely populated areas with concentrated lower income.”

The Hunger Relief Fund began in 2009, to provide \$1,000 to every MetroWest food pantry. It has evolved into an endowed, enduring program that recognizes food justice as the domain of many intersecting groups—including farms, food rescue missions, community supper programs, and healthcare providers.


“There are so many models and people in the ecosystem that make this important work happen,” Caroline said. “It’s not just about getting food to people in need, but also bringing dignity into that process, ensuring good nutrition, addressing underlying health needs and environmental factors, and giving people options.”

At the fund’s inception, there were 40 pantries serving 33 MetroWest communities. Today the foundation recognizes about 70 organizations contributing to hunger relief.

“Gaining Ground is a perfect example of this network, interconnected with all of the partners we support,” she said. “There is no competition—just an intricate effort to solve real problems.”

The foundation’s most intensive work took place during COVID lockdown, when their team was tapped by the state and federal governments to distribute CARES Act and American Rescue Plan funding. Generous institutional and individual donors also fueled emergency response grant-making. Of the \$8 million the foundation distributed, 45 percent went to hunger relief. Years later the foundation remains in a mindset of emergency response, Caroline said, because of the sheer demand for healthy, affordable food.

“Everybody deserves fresh produce,” she said. “Here in Massachusetts, we’re at the end of the supply chain. Some of our food travels the farthest, creating cost barriers and environmental implications.”

That’s why our partnership is so vital. Last season, the foundation helped us grow and donate 30,000+ pounds of fresh produce for our partners at Open Table, Daniel’s Table, the Sudbury Food Pantry, and Healthy Waltham. Thank you! 

A Volunteer’s Perspective from Polly Vanasse, Board Member and Community Farm Team Member

On the Community Farm Team (CFT) we enjoy each other’s company so much that potluck lunches often spring up after volunteer sessions. Many of us are avid gardeners, so the opportunity to work alongside talented farmers means we can ask questions and absorb their wisdom about no-till regenerative farming practices, as well as the optimal ways to plant and harvest each veggie. Strong bonds develop between CFT members and GG staff. Most importantly, we are ALL committed to Gaining Ground’s mission of growing healthy food with the help of volunteers and giving it all away to heal food injustice.

To read more from Polly, visit gainingground.org/blog.



▲ The 2024 Gaining Ground team, from left to right: Ava Lublin, Kari Bender, Chrissie Edgeworth, Rachael Walton, Mark Congdon, Ford, Geoff Nelson, Allison Goodwin, Jennifer Johnson, Dani Capalbo, Maddie Weikel, Avery Indermaur. Not pictured: Madison Latiolais, Zoe Tallmadge. Photo: Tony Rinaldo Photography LLC

Where are they now?

 Danielle Capalbo, Communications and Development Manager

2024 Team

We are grateful to have so much of our crew together again for the 2024 season. Visit our website to learn more about this year's team.

- Kari Bender**, Farm Co-Manager
- Dani Capalbo**, Communications and Development Manager
- Mark Congdon**, Director of Agriculture
- Chrissie Edgeworth**, Farm Co-Manager
- Allison Goodwin**, Operations Director
- Avery Indermaur**, Volunteer and Outreach Manager
- Jennifer Johnson**, Executive Director
- Madison Latiolais**, Field Crew Member
- Ava Lublin**, Assistant Grower
- Geoff Nelson**, Groundskeeper
- Zoe Tallmadge**, Field Crew Member
- Rachael Walton**, Assistant Grower
- Maddie Weikel**, Assistant Grower and Education Coordinator

Our mission doesn't end at the edge of the farm. Instead, we aim to cultivate our values within each person who visits Gaining Ground—including the incredible growers who bring our mission to life while strengthening their skills. When farmers leave the organization, they take those values with them, working to create the future we envision collectively, in which everyone has equitable access to sustainably grown produce. Here's where some of our alumni are today!

FARMER JARED KIMLER

Seasons at Gaining Ground
2018–19 Field Crew



Today Jared lives in Worcester, Mass., where he's looking to purchase between two and three acres of land to cultivate long-term, abiding by no- or low-till principles.

Since leaving Gaining Ground Jared has built three profitable no-till farms: Wild Flower Farm in Maryland; a market garden on Cape Cod; and a larger operation on leased land in Asheville, N.C., where he and a friend ran a 100-member CSA, sold at markets, and maintained wholesale clients.

"At Gaining Ground, I learned how to work on a team, with solid communication. It was also my first exposure to no-till agriculture. I felt so confident in my ability to grow vegetables from Gaining Ground that I thought,

'I can do it on my own.' When we established the farm on Cape Cod, I used the same no-till practices I learned at Gaining Ground, and pushed the limit to see how profitable we could be. It was cool to dial in, be super intensive with it, and build on a strong foundation of skills."

He encourages young farmers "to attend as many workshops as you can, and meet other people. Even if you don't think you can take anything away from the workshop—making connections with other farmers is huge."

Jared's hope for the future of agriculture:
"Two words—more farms."

FARMER KIM SCHMIDT

Seasons at Gaining Ground
2018–19 Field Crew
2020–21 Greenhouse & Flower Production Manager



Today Kim lives in Davenport, Iowa, where she manages flower production, including a flower CSA, at Rhubarb Botanicals Farm & Apothecary.

After leaving Gaining Ground, Kim and her partner relocated to Iowa, where Kim built upon a decade of farm experience by growing vegetables at Echollective Farm, just outside Iowa City. There, Kim supported a 150-member CSA and wholesale restaurant accounts, while helping to manage young farmers in the field. Along the way, she got to know the community better and connected with her current employer.

“At Gaining Ground, I realized how important it is to engage community volunteers. I was also impressed by the bonds I shared with female-identifying growers. Seeing women in agriculture was really important, and marked a big shift for me. Now I seek it out. Gaining Ground fulfilled a bunch of my interests: a rural-adjacent farm meeting food access issues, in the last phase of transitioning to no-till, so I could see how that looked. I learned a lot of techniques I hadn’t learned at other farms. Gaining Ground is also where I got super interested in flower production—meeting more than basic needs of food, water, and shelter, to help people access beauty, which is also a human need.”

She encourages young farmers to “know your value. There’s a lot of romanticizing about farming and, unfortunately, a lot of farms that can take advantage of young labor. Observe a farm’s actions before accepting a gig. Be excited. Fall in love with the beauty and

surprise of plants. And be prepared for the challenges. Respect your own boundaries.”

Kim’s hope for the future of agriculture:

“For awareness of farming to infiltrate our lives to the point that we don’t see anything else in society without it, and so we all understand the skilled labor and sacrifice that people bring to farming.”

FARMER DOUG WOLCIK

Seasons at Gaining Ground

- 2013–14 Assistant Manager
- 2015–16 Co-Manager
- 2017–20 Farm Manager

Today Doug and partner Kayleigh Boyle own and operate Breadseed Farm in Craftsbury, Vt., a one-acre, no-till farm that sells at three of the largest markets in the state: Stowe, Waitsfield, and Montpelier. They also run a 30-family vegetable and flower CSA, and sell to five local wholesale accounts.

After leaving Gaining Ground Doug got right to work on Breadseed, starting seedlings in the greenhouse within three months. But he said Gaining Ground “was very hard to leave. It was all good all the time, which is unusual.”

“At Gaining Ground, I met all the influential people and mentors who had the greatest impact on my life. Kayleigh and I basically redesigned and laid out Gaining Ground’s no-till market garden. We built multiple high tunnels and got to see the barn come together. Now we’re doing all those things at Breadseed, and we’re not making mistakes or spending extra money. Building a farm has been easy. It almost feels like it’s our second time around. Gaining Ground is in our vocabulary every



Photo: Sophie O'Brien

day, four years later, whether it’s about farming, business, or something personal.”

His advice to young farmers is: “Find a mentor and a spark. Find a place where you feel called to the land, the people, or the way the farm is run. Gain all the technical skills you can before you do it on your own.”

Doug’s hope for the future of agriculture:

“That we push back from the machine. We can achieve more food sovereignty with a lot more small farms producing, and more people committing to winter growing.”

FARMER KAYLEIGH BOYLE

Seasons at Gaining Ground

- 2009–10 Assistant Grower
- 2011–16 Farm Co-Manager

Today Kayleigh co-owns Breadseed Farm in Craftsbury, Vt., with partner Doug Wolcik,



▲ From left to right: Community Farm Team members Johnathan Hyde and Bob Brooks harvest winter greens. Photo: Mark Congdon; Corporate volunteers from Welch’s help us steward the land. Photo: Christine Savage

which marked its first season in 2021. Within three years, they've turned a profit.

After leaving Gaining Ground Kayleigh worked at Gibbet Hill Farm in Groton, Mass., managing the restaurant's market garden for four years before she and Doug purchased their land in Vermont.

At Gaining Ground "I learned pretty much everything about myself, including that I really love the informal teaching relationship of working with volunteers. When people came to Gaining Ground, I got to host them, hear their farm stories, and experience their excitement as they learned about our mission and how things grow. It was an energy-giving source for me. We've made that part of the Breadseed mission from Day 1, like hosting NOFA VT workshops and opening the farm to the community."

Her advice to young farmers is: "It's possible to run a farm for a living. In Eastern Massachusetts it's difficult because of land access barriers and prices. But it's a viable career."

Kayleigh's hope for the future of agriculture:

"That we stay small. I'd love to see more small farmers growing intensively on small, diversified pieces of land. That really is the way forward, to feed the community in a climate smart way."

To read more about GG alumni, visit gainingground.org/blog.

Special Thanks

The board and staff would like to express our sincere gratitude to all those who gave generously and shared their time and talents with Gaining Ground last season. Special thanks go to:

- **Belmont Day School, Thoreau Elementary School, Tenacre Country Day School, and all of the individual students** who participated in our 2023 Read for Seeds campaign. They raised \$6,900 toward Gaining Ground's annual seed budget.
- **Bouke Noordzij** for the days upon days of time he's given to growing the farm, for always keeping an eye out for opportunities for us, and for his thoughtful input and ever-friendly presence.
- **Mark Mildrum, Ben Kelchlin, Steve Huberman, Jalen Winstanley, and Jerry Vanasse** for high tunnel end-wall construction, careful maintenance of the buildings and land, and firewood chopping.
- **Neversink Farm** for their generous sponsorship, including farm education and high-quality tools.
- **David Salomón Saléh** for his careful tending of the farm's bee colonies.
- **Liz Chambers** for her beautiful design services.
- **Cathy Dittmore** for her accounting and bookkeeping services.
- **Lucy Rosborough** for her thoughtful stewardship of the Food for Families program in Concord.
- **Tony Rinaldo** for his beautiful photographs of the farm and our staff.
- **Whit Painter and Reed Holden** for weekly bread deliveries, and **Reed** for donation of a maple sugaring tank.
- **Alicia Blais** for summer bagel donations for our hungry farmers.
- **Pete Kelleher, Renee Portanova, and students in Minuteman High School's Horticulture Program** for their invaluable landscaping, pruning, and fieldwork assistance.
- **Carrie Finizio, Carolyn Morris, Anne Riley, Lisa Laich** and the **Concord and Wellesley chapters of the National Charity League**, for coordinating volunteers to help with our produce deliveries, flower arranging, appeal mailings, events, and numerous other tasks.
- **Boston Area Gleaners, Paul Lamoureux, Gail Black Smith, Martha Hamilton**, our cherished **partner organizations** (especially **Open Table** in Maynard), and many other **community members** for their regular donations of recycled banana boxes.
- **Jennifer Polito** and the **Concord Housing Authority** for hosting our Food for Families produce distributions at Everett Gardens, and **Bonny Wilbur, Nicole Saia, and Melissa Roman** for their assistance with the Food for Families program.
- **Iron Tree Service, Marquis Tree Service, and Estabrook Landscape** for donating wood chips.
- **Chad Castro** for the incredible support and expertise he has lent to our publicity efforts.
- **Sean Walther** for ongoing technical assistance and website support.
- **Whole Foods Bedford** for donating paper and plastic bags for our 2023 Food for Families produce distributions.
- The many **maple tree owners in Concord** and **the town itself**, which kindly allowed us to tap their trees during maple sugaring season. **Benjamin Cacace, John Jasilewicz, and the town of Concord** for donating firewood to our maple sugaring operation.
- **Dominic Ingegneri** for a generous donation of farmer reference books.
- The hardworking members of the **2023 Community Farm** Team for their invaluable help all season: **Allison Aley, Louise Axon, Poulod Borojerdi, Bob Brooks, Belinda DiSilvio, Laurie Gleason, Martha Hamilton, Hans Heilman, Vivian Howell, Jonathan Hyde, Jodie Krisiak, Christine Lundblad, Pauline Maclellan, Lauren McDade, Susan O'Dell, Rachel Orchard, Paul Ruhlmann, Nancy Shepard, Diane Sinski, Barbara Sommers, Deborah Starr Meyers, Janey Tallarida, Elif Tosun, Julia Tricca, Polly Vanasse, Aaron Waddell, and Rob Webber.**
- Our wonderful **non-board committee members** for the generous donations of their time and expertise.
- The **Concord Free Public Library** and **Concord Lumber** for supporting our Poetry and Photography on the Farm events, and the many **artists and poets** who contributed works to these exhibitions.



▲ Joy Robinson, Culinary Enterprise Specialist at UTEC in Lowell, picks up the week's bounty. Photo: Allison Goodwin

3,364 total volunteers from 81+ communities chose to support our mission last year, with **more than 7,800 hours** of service. Thank you!



341 Virginia Road, P.O. Box 374
Concord, MA 01742

RETURN SERVICE REQUESTED

2024 Board of Directors

Sue Mildrum, President
Lisanne Wheeler, Vice President
Sigmund Correa, Treasurer
Kristen Van Damm, Secretary

Katie Bekel Karen Perkins
Amy Capofreddi Ashley Perssico
Christa Collins Yvette Philip
Shilpi Tanden Desai Joe Rigali, *Emeritus*
Laurie Engdahl Lucy Rosborough,
Jen Flint *Emeritus*
Sam Hiersteiner Polly Vanasse

2024 Staff

Kari Bender, Farm Co-Manager
Dani Capalbo, Communications and
Development Manager
Mark Congdon, Director of Agriculture
Chrissie Edgeworth, Farm Co-Manager
Allison Goodwin, Operations Director
Avery Indermaur, Volunteer and
Outreach Manager
Jennifer Johnson, Executive Director
Madison Latiolais, Field Crew Member
Ava Lublin, Assistant Grower
Geoff Nelson, Groundskeeper
Zoe Tallmadge, Field Crew Member
Rachael Walton, Assistant Grower
Maddie Weikel, Assistant Grower
and Education Coordinator

NONPROFIT ORG.
U.S. POSTAGE
PAID
CONCORD, MA 01742
PERMIT NO. 508

Gaining Ground at a Glance

▼ *Farmers and community members work and learn together in the fields to promote food security. Photo: Christine Savage*



Incorporated in 1990 on privately owned land, Gaining Ground moved in 1999 to property on Virginia Road that we lease from the Town of Concord and Massport. The site of the farm has been under cultivation more or less continuously at least since the seventeenth century, according to available records—though Native Americans in the Musketaquid area (now known as Concord) had enjoyed the region’s rich soils and rivers for about 10,000 years before that. In spring 2023, Gaining Ground embarked on a milestone expansion, to farm an

additional 5.1 acres of land in Minute Man National Historical Park, just off the Battle Road.

In a typical year, more than 3,000 volunteers work with our farmers to grow organic produce. Every pound of produce that we harvest—often more than 120,000 pounds, depending on seasonal conditions—is donated to area hunger-relief programs, including Bedford Food Bank; Bridge Boston Charter School, Roxbury; Community Teamwork/Head Start, Lowell; Daniel’s Table, Framingham; East Boston Community Soup Kitchen; Eastie Farm, East Boston;

Food for Families, Concord; Healthy Waltham; House of Hope, Lowell; Loaves and Fishes, Devens/Ayer; Lowell Transitional Living Center; Open Table, Maynard; La Colaborativa, Chelsea; Sudbury Food Pantry; Westford Council on Aging; UTEC, Lowell; and Women’s Lunch Place, Boston.

Individuals, foundations, businesses, and community organizations provide generous financial support for Gaining Ground.

Contact us:
978.610.6086
office@gainingground.org

Learn more about us:
gainingground.org

Follow us:
facebook.com/GGConcord
instagram.com/gaininggroundconcord

Newsletter edited by Jen Flint and Allison Goodwin; layout by Liz Chambers.